

Nigelica

Natural Black Seed Oil

Description:

To lead healthy life people are using black seed oil from hundreds of years . Unani, Ayurvedic, Local & Traditional treatment black seed oil has many uses. The Prophet Muhammad (Peace and blessing's be upon him) said, "There is healing Nigella sativa seed for all disease except death". So black seed oil is called as speakly medicine for all diseases. Scientists has confirmed the strong antibacterial and anti-mycotic action of Nigella sativa oil which has been used for centuries in China and indeed throughout the Orient, in remedies for all kinds of inflammatory conditions and fungal diseases. In their reports, scientists have even highlighted a remarkable decrease in blood sugar levels. Daily a proper dose of taking black seed oil provides emphaticness to every organ of the body & improves good health. Black seed oil has more than hundred nutrient & efective components.

Composition:

Black seed oil has anti-carcinogenic kerotin & strong hormones, various immuno agents, digestive enzyme, anti-ulcerant components & uncer preventive antidote.

Nutritional Composition in of Nigella sativa

	Quantity
Protein	21%
Carbohydrates	35%
Fats	35-38%
Protein	208 ug/g
Thiamin	15 ug/g
Riboflavin	1 ug/g
Pyridoxine	5 ug/g
Niacin	7 ug/g
Folacin	6 10 IU/g
Calcium	1.86 mg/g
Iron	105 ug/g
Copper	18 ug/g
Zinc	60 ug/g
Phosphorus	5.27 mg/g

Indication :

Strengthens immune system, Asthma, Bodyach, Catarrh, Cough, Bronchitis, abdominal pain, Fever, indigestion, vomiting, arthritis, oligogalsctia, eczema & abrasion.

Pharmacology:

Anti-allergic activity: Thymoquinone act as stong antihistamin. Thymoquinone is active ingredient of Nigelica oil. It has anti-infl ammatory and analgesic activity. Besides black seed oil is rich in antioxidants which removes toxic agents from body and makes skin allergy free.

Activity Against respiratory complications: There are two volatile oil in black seed oil-Thymo- quinone and Nigelione. Nigellon act as both antispasmodic and broncodialator as a result Nigelica is effective against respiratory complications.

Activity against obesity: Black seed oil is a source of fatty acid, protein, vitamin and mineral. It has sterol which helps to reduce excessive body fat.

Anti-inflammatory activity: Thymoquinone, thymohydroquinone, alpha-hederin etc are active ingredients black seed oil. Black seed oil has high therapeutic power that has antioxidant, anti-inflammatory, antifungal, antihypertensive, antidepressive, hepatoprotective activity.

Anti-diabetic activity: Nigelica controls blood glucose levels.

Anti-hypertensive activity: Nigelica is effective for control high blood pressure.

Uses of Nigelica oil:

Immune Booster: For Immune Booster take 1 teaspoonful of Nigelica oil mixed with 1 teaspoonful of pure Honey 2 times daily.

Cough, asthma and bronchitis: For rhinorrhoea, cough and asthma, mix 2 teaspoonful of Nigelica oil with 250ml hot water and inhale the vapor three times daily. For dry cough, mix 1 teaspoonful Nigelica oil with 1 cup of Ginger tea 2 times daily.

Body pain and arthritis: 1 teaspoonful of Nigelica oil should be taken three times daily. Mildly heat a small amount of Nigelica oil and then massage the affected area.

Abdominal pain, indigestion and vomiting: Mix 1teaspoonful of nigelica oil with rice eat 2 times daily.

Lack of breastmilk: Take1 teaspoonful Nigelica oil is to be mixed with main food daily.

Eczema: Massage the affected area with Nigelica oil 2 times daily.

Fever: Take 1 teaspoon of Nigelica oil 3 times daily.

Hair fall and dandruff: At first rinse hair with lemon juice & shampoo. Then nigelica oil apply to scalp thoroughly. For better result apply 2 times a week .

Abrasion: First wash the affected area then apply Nigelica oil two times daily.

Pregnancy and lactation:

No adverse report is known during pregnancy but lactating mother can take Nigelica oil.

Side effects: No side effects has been observed.

Precaution: Should not taken more than the prescribed dose

Presentation: 50 ml, 100 ml, 200 ml

Storage: Keep away from light and moisture. Store in a dry and cool place. Keep all medicines out of reach of the children.



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